

# The Chemical Class Approach towards Healthier Products and People

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Founder, Green Science Policy Institute
Research Associate in Chemistry, UC Berkeley
January 2018

## U.S. Toxic Substances Control Act (1976)

- 62,000 previous chemicals "grandfathered"
- 23,000 new chemicals
  - 85% have no health data
  - 67% have no data at all

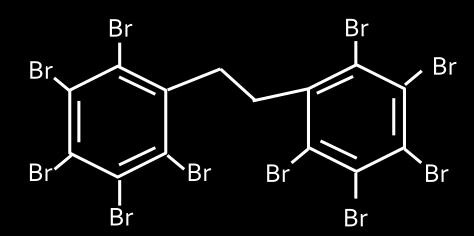


# Regrettable Substitution

# Decabromodiphenyl ether

### Concerns:

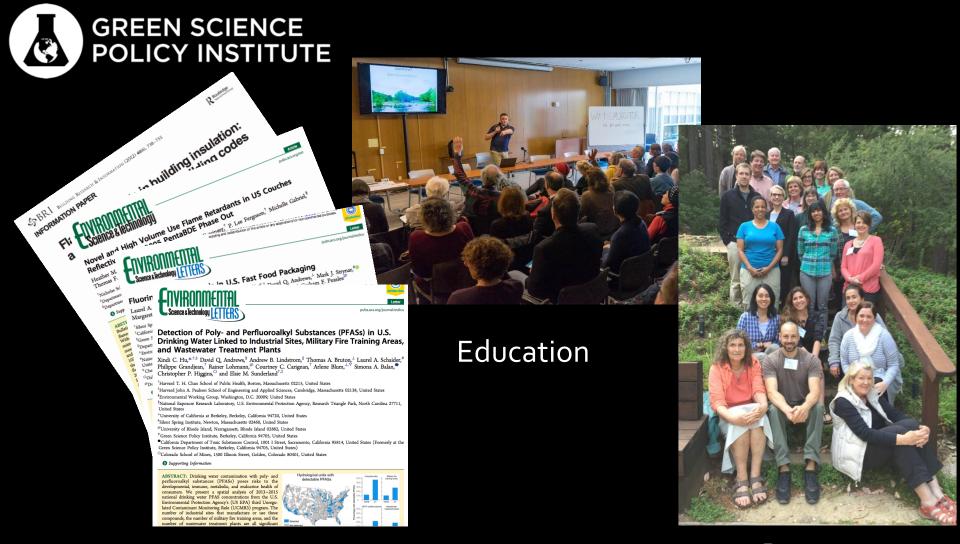
- Persistence
- Bioaccumulation
- Toxicity



# Decabromodiphenyl ethane

#### Concerns:

- Persistence
- Bioaccumulation
- Toxicity



Research

Retreats

## **Policy & Purchasing Change**

## Six Classes Videos

An innovative approach to reducing toxics



VIEW and SHARE: www.SixClasses.org
Healthier products, healthier people in four minutes!

# Is it necessary?

Is it worth it?

Is there a safer alternative?

# Classes I to 3

# Periodic table of elements

hydrogen 1			540		0474	38	Her	700	=13	11.0		713	1000	1966	4-61	Halo	gens	helium 2
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1.0079																		4.0026
lithium 3	beryllium <b>4</b>												boron <b>5</b>	carbon 6	nitrogen <b>7</b>	oxygen 8	fluorine 9	neon 10
Li	Be												В	C	N	0	F	Ne
6.941	9.0122												10.811	12.011	14.007	15.999	18.998	20.180
sodium 11	magnesium 12												aluminium 13	silicon 14	phosphorus 15	sulfur 16	chlorine 17	argon 18
0.000														- 4743		- 246		2312
Na	Mg												ΑI	Si	Р	S	CI	Ar
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potassium 19	calcium 20		scandium 21	titanium <b>22</b>	vanadium 23	chromium <b>24</b>	manganese 25	iron 26	cobalt 27	nickel 28	copper 29	zinc 30	gallium 31	germanium 32	arsenic 33	selenium 34	bromine 35	krypton 36
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37	38		39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	<b>54</b>
Rb	Sr		Υ	Zr	Nb	Mo	Tc	Ru	Rh	Pd	Ag	Cd	In	Sn	Sb	Te	1	Xe
85.468	87.62		88.906	91.224	92.906	95.94	[98]	101.07	102.91	106.42	107.87	112.41	114.82	118.71	121.76	127.60	126.90	131.29
caesium	barium EC	57-70	lutetium <b>71</b>	hafnium <b>72</b>	tantalum	tungsten	rhenium 75	osmium <b>76</b>	iridium	platinum	gold <b>79</b>	mercury 80	thallium	lead	bismuth 83	polonium	astatine 85	radon 86
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francium 87	radium 88	89-102	lawrencium 103	rutherfordium 104	dubnium 105	seaborgium 106	bohrium 107	hassium 108	meitnerium 109	ununnilium 110	unununium 111	ununbium 112		ununquadium 114				
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\* \* Actinide series

lanthanum <b>57</b>	cerium 58	praseodymium 59	neodymium 60	promethium <b>61</b>	samarium <b>62</b>	europium 63	gadolinium <b>64</b>	terbium <b>65</b>	dysprosium 66	holmium <b>67</b>	erbium 68	thulium <b>69</b>	ytterbium <b>70</b>
La	Ce	Pr	Nd	Pm	Sm	Eu	Gd	Tb	Dy	Но	Er	Tm	Yb
138.91	140.12	140.91	144.24	[145]	150.36	151.96	157.25	158.93	162.50	164.93	167.26	168.93	173.04
actinium	thorium	protactinium	uranium	neptunium	plutonium	americium	curium	berkelium	californium	einsteinium	fermium	mendelevium	nobelium
89	90	91	92	93	94	95	96	97	98	99	100	101	102
Ac	Th	Pa	U	Np	Pu	Am	Cm	Bk	Cf	Es	Fm	Md	No
[227]	232.04	231.04	238.03	[237]	[244]	[243]	[247]	[247]	[251]	[252]	[257]	[258]	[259]

## Cellular defense systems do not recognize organohalogens





Cellular bouncers (ABC transporters)

Cellular detoxification

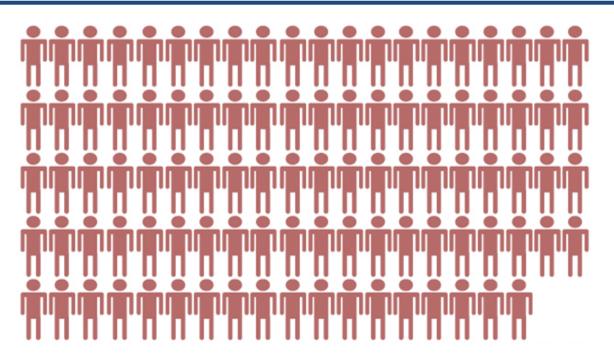
## Class 1: Highly Fluorinated Chemicals (PFAS)

## Carbon-Fluorine bond strength:

- Leads to oil and water repellency
- Lasts for geologic time!



# PFAS Exposure is a health concern



Detectable serum PFASs in US

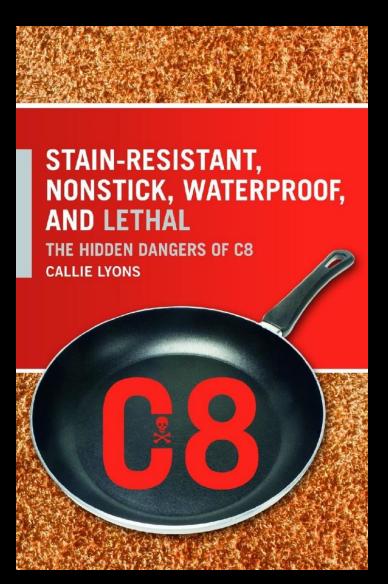
Non-detect

### Exposure linked to health risks:

Kidney and testicular cancer, elevated cholesterol, obesity, immune suppression, and endocrine disruption

(Ref: Lewis et al., 2015; Grandjean et al., 2012; Braun et al., 2016; Barry et al., 2013)

# Published 2007



## 2017

### Watershed

Tracy K. Smith

**US Poet Laureatte** 

200 cows more than 600 hilly acres

property would have been even larger had J not sold 66 acres to DuPont for

waste from its
Washington Works factory
where J was employed
<u>did</u> not want to

sell

but needed money poor health mysterious ailments

# May 2015 The Madrid Statement on Highly Fluorinated Chemicals



"We call on the international community to cooperate in limiting the production and use of PFASs and in developing safer non-fluorinated alternatives."

Signed by 230 scientists from 40 countries

2015: Environmental Health Perspectives

## 2015-16

The Opinion Pages | OP-ED COLUMNIST

The New York Times

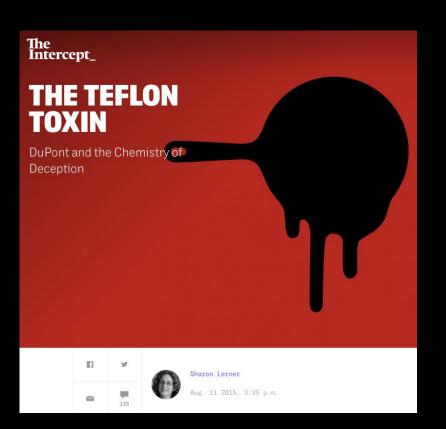
#### Chemicals in Your Popcorn?

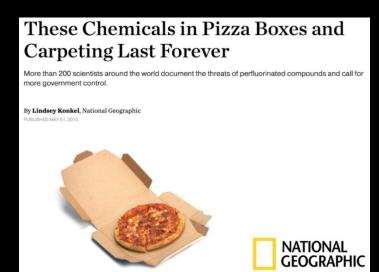
JUNE 4, 2015



What do a pizza box, a polar bear and you have in common?

All carry a kind of industrial toxicant called poly- and perfluoroalkyl substances, or PFASs, that do two things: They make life convenient, and they also appear to increase the risk of cancer.







## Law: Claims in the Ohio Valley

(The Teflon Toxin Goes to Court, Sharon Lerner, The Intercept)

September 2015: 3,500 personal injury and 37 wrongful death claims in Ohio Valley against DuPont went to trial

October 2015: \$1.6 million for kidney cancer.

July 2016: \$5 million for testicular cancer.

January 2017: \$10.5 million for malice

February 2017: \$671 million to settle claims in Ohio Valley

"If the chemical were really dangerous, DuPont attorneys contended, government agencies would have regulated it."

# Policy: Drinking Water Levels

### January 2009:

US EPA provisional level of 400 ppt for PFOA and 200 ppt for PFOS

### May 2016:

US EPA Lifetime Health Advisory of 70 ppt for PFOA and PFOS

### December 2016:

Vermont enforceable standard for 20 ppt for PFOA and and PFOS

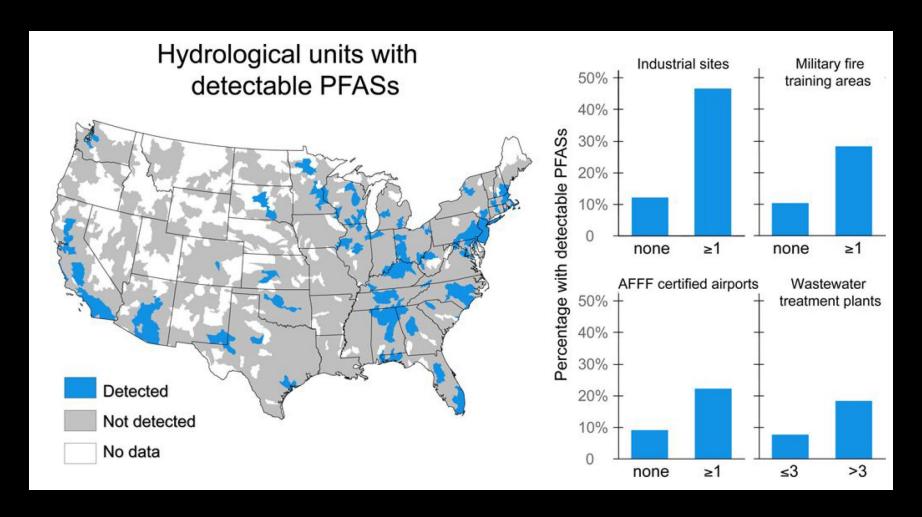
## September 2016:

Draft New Jersey Drinking Water Quality Institute recommended enforceable standard for PFOA of 14 ppt

### April 2017:

Australian advisory level of 70 ppt for total of PFOS and PFHxS

# Watersheds with point sources have higher detection frequencies for PFASs



# AFFF foam in training exercises

- Drinking water of six million
   Americans contaminated with PFAS
- AFFF firefighting are a major contributor
- Air Force said:
  - "will not use AFFF foam in training"
  - "will replace all C8 foam with C6"



# Is C6 an improvement over PFOA and PFOS?

C6 is called the "environmentally friendly" alternative

#### Concerns:

- Extreme persistence
- Bioaccumulation
- Toxicity

#### Concerns:

- Extreme persistence
- Bioaccumulation in plants
- Suspected toxicity
- More mobile
- Remediation more difficult

## Fluorinated Alternatives?



#### Fluorinated Alternatives: Myths versus Facts



Long-chain highly fluorinated chemicals - including PFOA, PFOS and other C8 compounds - were used for decades to give water-repellant, stain-resistant, and non-stick properties to furnishings, carpets, outdoor gear and other products. Exposure to PFOA has been linked to kidney and testicular cancer, elevated cholesterol, decreased fertility, thyroid problems and changes in hormone functioning in adults as well as adverse developmental effects and decreased immune response in children1.

Due to such harmful effects, the long-chain chemicals were recently phased out and replaced by numerous similar compounds, including short-chain molecules called C6 and C42. Industry says these alternatives are safe, sustainable, and welltested3. A look at the facts shows those claims don't stick.

THE воттом LINE

Highly fluorinated chemicals pose a potential risk to human health and the environment, and they should only be used with safeguards when their function is essential.



MYTH: "PFOA-free" means safe.

FACT: Products advertised as "PFOA-free" often contain replacement chemicals made with the same problematic chemical building blocks as PFOA.

Since PFOA has been phased out, numerous related chemicals that are equally persistent and may pose similar health risks have replaced it<sup>4</sup>. To prevent such "regrettable substitutions", the entire class of highly fluorinated chemicals should be avoided.

MYTH: Short-chain fluorinated alternatives like the 6 and 4 carbon-based compounds have been thoroughly tested and are safe.

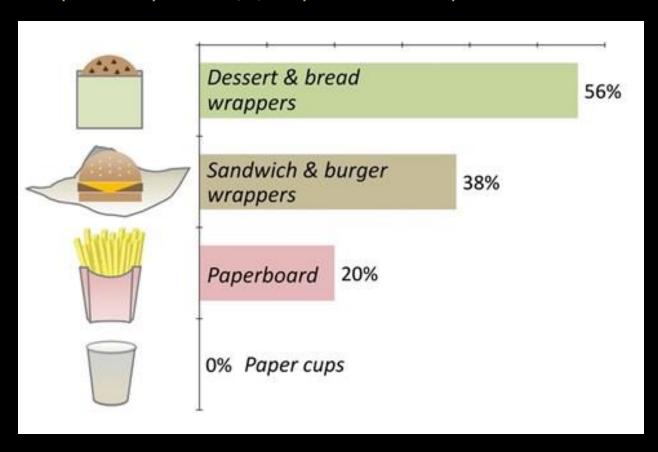
FACT: Recent studies suggest these alternatives may cause similar health problems as the long chain compounds.



www.greensciencepolicy. org/highly-fluorinatedchemicals/

# Fluorine in U.S. fast food packaging paper

(percent positive; 400 products sampled)



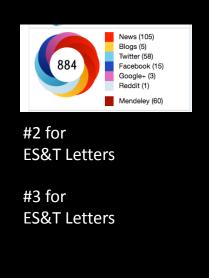
Adopted from Schaider L. 2016 Fluorinated compounds in U.S. fast food packaging.

Should these products be considered compostable?

# Press strategy for peer-reviewed articles

# Communication strategy can increase media coverage and downloads

Title	Journal	Year	# Downloads	Altmetric Score
UCMR <sub>3</sub> PFAS	ES&T Lett.	2016	22,851	885
Fast food PFAS	ES&T Lett.	2017	7.097	844
Never-ending story PFAS	ES&T	2017	1,611	85



## Policy: New York



- New York state's new purchasing requirements for single use food containers and packaging:
  - —"...products purchased ...on State contracts shall not contain perfluorinated chemicals (PFCs)..."





#### BRANDS ARE ELIMINATING HIGHLY FLUORINATED CHEMICALS

IKEA	H&M	Crate&Barrel	LEVI STRAUSS & CO.
PUMA	& benetton	ESPRIT	adidas
MARKS& SPENCER	MANGO	BURBERRY	ZARA

## Class 2: Antimicrobials

## Triclosan

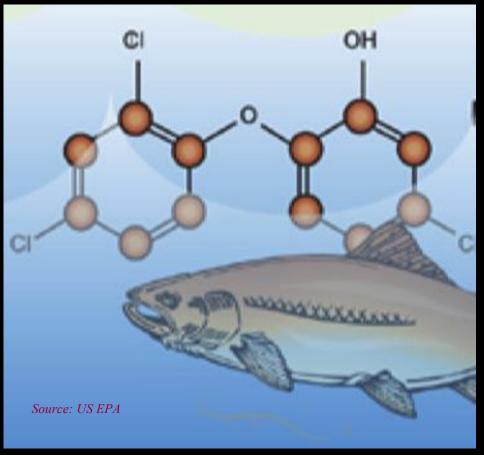


## Triclocarban

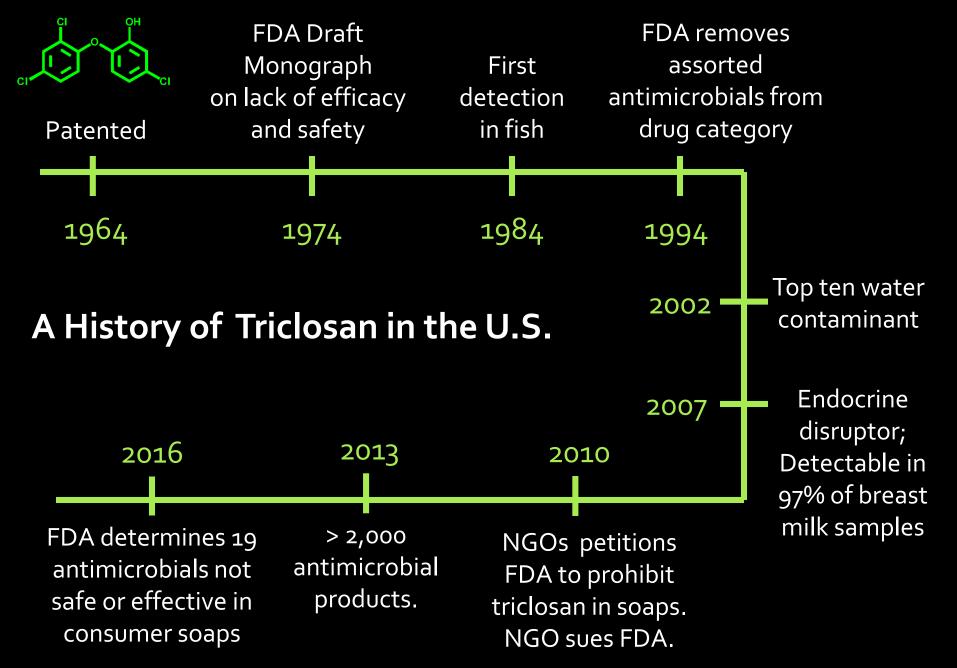




5 – 10 Seconds (ineffective)



Lifetime exposure in aquatic organisms (toxic)



# The Florence Statement on Triclosan and Triclocarban



Documents the scientific consensus about:

- potential for harm
- recommendations to prevent further harm

Signed by 205 international scientists

## Class 3 Flame retardants

# 1970s Flammability Standards

Children's sleepwear

Furniture and baby product foam

Foam building insulation

## **Brominated Tris Flame Retardant**

Tris (2,3-dibromopropyl) phosphate

- In children's sleepwear 1975 to 1977
- Up to 10% of the weight of fabric
- In children's urine
- Mutagen and possible carcinogen



Green Science Policy Institute www.GreenSciencePolicy.org

# Flame-Retardant Additives as Possible Cancer Hazards

The main flame retardant in children's pajamas is a mutagen and should not be used.

Arlene Blum and Bruce N. Ames



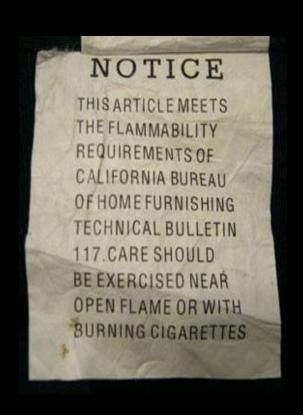
# CPSC Bans TRIS-Treated Children's Garments

**April 7, 1977** 

Chlorinated Tris (TDCPP) replaced Brominated Tris

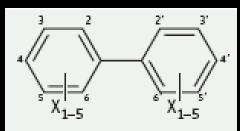
- removed from children's PJ's in 1977
- used furniture until 2012

## **Technical Bulletin 117**

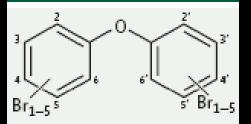


 Required furniture foam to withstand a small open flame for 12 seconds

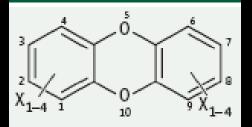
 No significant fire safety benefit (fires start in exterior fabric not filling)



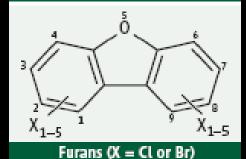
PCBs (X = Cl) and PBBs (X = Br)



**PBDEs** 



Dioxins (X = Cl or Br)

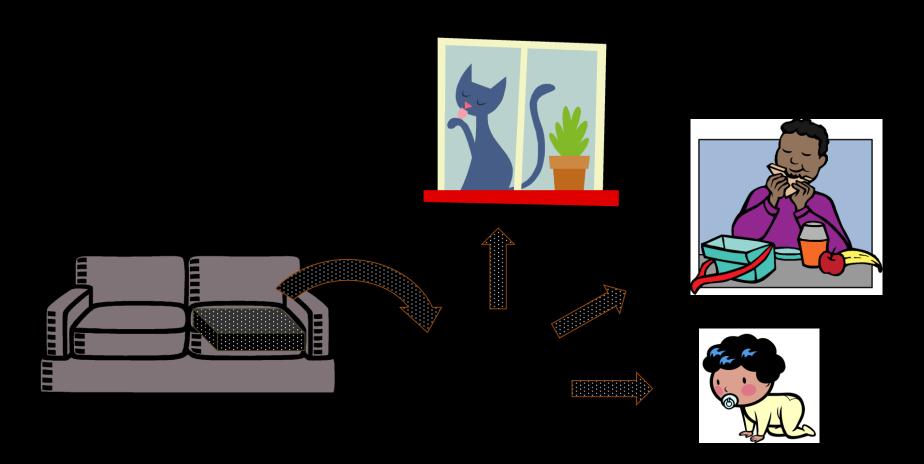


# PentaBDE Flame Retardant

Used from 1975 to 2004 to meet TB117.

98% of use in US and Canada in 2003

# From Products to People



# Furniture foam flame retardant (PentaBDE) associations with human health problems — all reported after 2005

Higher pentaBDE exposures associated with:



Increased time to pregnancy
Altered thyroid hormone
Thyroid disease, esp. in post-menopausal women

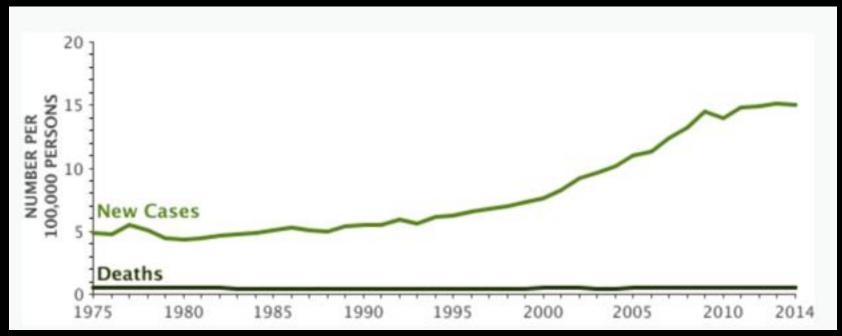
### **Developmental toxicity**

Baby boys' genital problems
Lower birth weight
Impaired attention
Poorer coordination
Lower IQ
Delayed puberty in girls
Earlier puberty in boys



Main et al. 2007; Goodyer et al 2017; Eskenazi et al., 2010, 2011, 2012; Herbstman et al. 2010; Makey et al. 2016; Windham et al. 2015; Harley et al. 2017; Allen et al. 2016

## U.S. Thyroid cancer incidence and mortality: 1975 - 2014



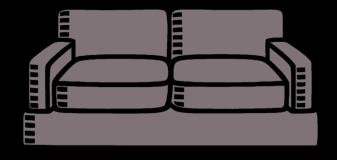
SEER 9 Incidence & U.S. Mortality 1975-2014, All Races, Both Sexes. Rates are Age-Adjusted.

Very recent study reports elevated risks of thyroid cancer linked to exposure to Tris (142% increase) and BDE-209 (129% increase). (Hoffman et al. Environ Int Oct 2017)

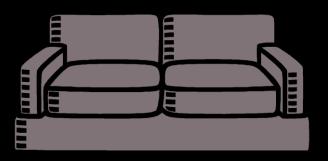
### TB117 Fire Safety Benefit?

TB117 foam

Non - TB117 foam





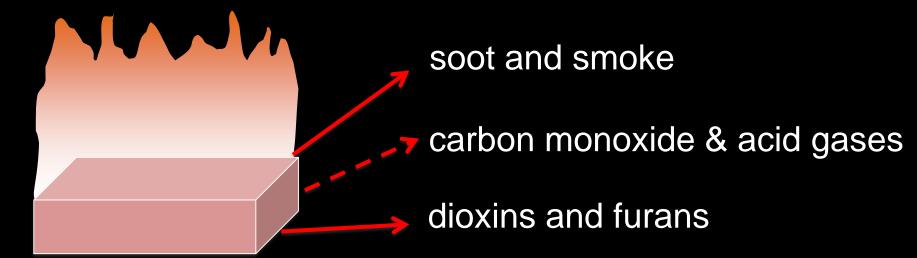


"No significant, consistent difference..."

# Fire & smoke toxicity increased by flame retardants

Flame retardants can delay, but do not prevent foam from burning

When foam does burn, flame retardants can increase....



Flame retardants in furniture foam can make smoke denser and more toxic.

### Open flame versus smolder tests

#### **TB117**

12-second delay of ignition of filling (foam) inside furniture

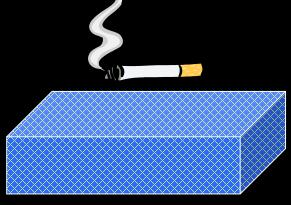


Flame retardants are added to meet this small open-flame laboratory standard

#### TB117-2013

Most furniture fires still start with smoldering:

- Cigarettes
- Electrical sources



Prevented by smolderresistant fabric

# San Antonio Statement on Brominated and Chlorinated Flame Retardants

- Signed by over 200 scientist's from 30 countries
- Documents health and environmental harm and lack of proven fire safety benefit



### Increased fire safety without flame retardants



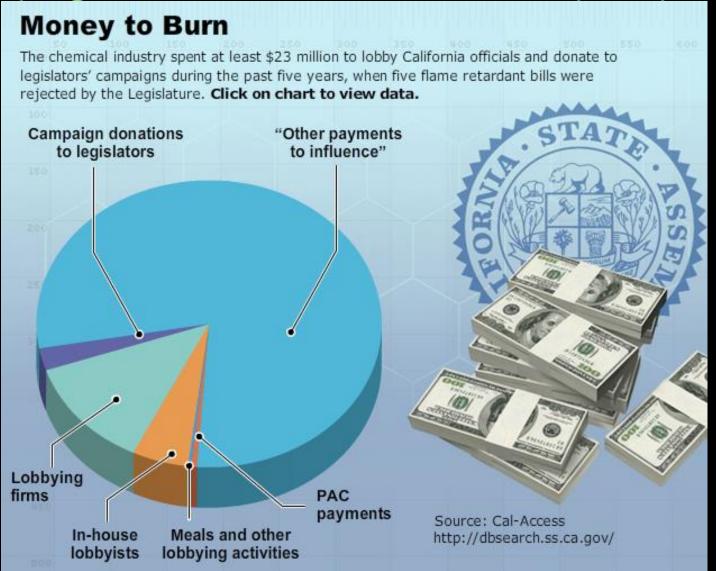
Assembly Bill 706, Senate Bill 772, Senate Bill 1291, Senate Bill147



### Paid for by Californians for Fire Safety:

- Albemarle
- Chemtura
- Israel Chemicals LTD (ICL)

# Flame retardant industry spent \$23.2 million lobbying in California alone over a 5-year period



Gross, L. Environmental Health News. Nov. 16, 2011

### Pulitzer Prize Finalist

Goldsmith Prize
Investigative Reporting

Environmental Journalists Society Environmental Reporting

Gerald Loeb Award
Business and Financial Journalism

National Press Club

Consumer Award

### Chicago Tribune



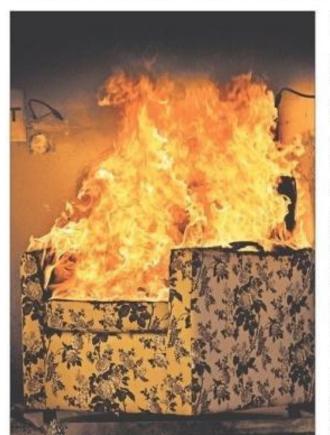
SUNDAY, MAY 6, 2012

BREAKING NEWS AT CHICAGOTRONINE.CO.

TRIBUNE WATCHDOG

### Playing with fire

A deceptive campaign by industry brought toxic flame retardants into our homes and into our bodies. And the chemicals don't even work as promised.



By Patricia Callaban and Sam Roe

Third Heimbach knows how to tell a story.

Before California lawmakers list year, the noted burn surgeon drew gasps from the crossed as he described a 2-week-old boby gid who was burned in a fire started by a condite while she lay on a pillow that lacked flame returdant chemicals.

"Now this is a tiny little person, no bigger than my Italian gaybound at home," said Heimboch, gesturing to approximate the buby's size. "Half of her body was severely burned. She ultimately died after about three weeks of pain and misery in the hospital."

Heinsbach's passionate testimory about the baby's death made the long-term health concerns about flame retardants voiced by doctors, environmentalists and even firefighters sound abstract and norm.

But there was a problem with his testimony. It wasn't true. Records show there was no dangerous pillow or candle fire. The bubs he described didn't exist.

Neither did the 9-week-old patient who Heimbach told California legislators died in a candle fire in 2000. Nor did the 6-week-old patient who he told Alaska lovenators was fatally burned in her crib in 2010.

Heimbuch is not just a promiment burn doctor. He is a star witness for the manufacturers of flame retardants.

His testimony, the Tribune found, is port of a decades-long campaign of deception that has loaded the furniture and electronics in American homes with pounds of toxic chemicals linked to camer, neurological deficits, developmental prob-

lems and impaired fertility.

The tactics started with flig.

Tobacco, which warned to shift focus away from eigenettes as the cause of fire deaths, and continued as chemical companies worked to preserve a lucrative market for their products, according to a Tribune review of thousands of government, estentific and internal industry

stoked the public's fear of fire and helped organize and steer an association of top fire officials that spent more than a decade campaigning for their cause.

Today, scientists know that some fame retardants escape from homsehold products and settle in disk. That's why toddless, who play on the floor and put things in their mosths, generally have far higher levels of these chemicals in their bodies thout their parents.

Blood levels of certain widely used flame retardants doubled in adults every two to flor years between 1970 and 2004. More recent studies show levels havent declined inthe U.S. even though some of the chemicals have been pulled from the market. A typical American baby is born with the highest recorded concentrations of flame retardants among infants

People might be willing to accept the health risks if the



June 18, 2012

# Governor Brown Directs State Agencies to Revise Flammability Standards

'We must find better ways to meet fire safety standards by reducing and eliminating - wherever possible - dangerous chemicals."

## California Flammability Standard TB117-2013

**Mandatory January 1, 2015** 

Flame retardants not needed, but can still be used

**Product Labels Required** 

#### NOTICE

THIS ARTICLE MEETS THE FLAMMABILITY
REQUIREMENTS OF CALIFORNIA BUREAU OF
ELECTRONIC AND APPLIANCE REPAIR, HOME
FURNISHINGS AND THERMAL INSULATION
TECHNICAL BULLETIN 117-2013. CARE SHOULD BE
EXERCISED NEAR OPEN FLAME OR WITH BURNING
CIGARETTES.

The upholstery materials in this product:
\_\_\_\_contain added flame retardant chemicals
X contain NO added flame retardant chemicals

The State of California has updated the flammability standard and determined the fire safety requirements for this product can be met without adding flame retardant chemicals. The State has identified many flame retardant chemicals as being known to, or strongly suspected of, adversely impacting human health or development.

#### PETITION HP 15-1

#### to the U.S. Consumer Product Safety Commission

Regarding Products Containing Organohalogen FRs

GRANTED – 20 September 2017

Declare as "banned hazardous substances" any:

- Children's products
- Residential furniture
- Mattresses & mattress pads
- Plastic electronics enclosures



containing additive, non-polymeric organohalogen FRs

## The "Big Idea" CPSC approves Organohalogen Petition

Federal Register warning manufacturers, consumers, and especially those who are pregnant or with children against children's products, furniture, mattresses, and electronics cases containing organohalogenated flame retardants.

Large potential for health harm and no fire safety benefit from use of the flame retardants in these products.









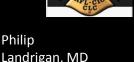














# SF bans the sale of furniture and children's products containing flame retardants

In October 2017, San Francisco passed an ordinance prohibiting the sale of:

- upholstered furniture and children's products, such as high chairs, strollers, and nursing pillows, containing flame retardants.
- includes on-line sales



#### Class Four:

### **Bisphenols**





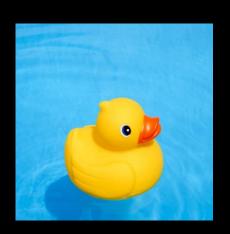




**FUNCTIONS:** hardening agents, strengtheners, stabilizers

#### **Phthalates**









FUNCTIONS: plasticizers, lubricants, solvents, fragrances

### Class 5: Some Solvents









**FUNCTIONS**: dissolving and dispersing other substances

### Class 6: Certain Metals



FUNCTIONS: conductors, malleable, resistant to corrosion

### Six Classes Videos

An innovative approach to reducing toxics



VIEW and SHARE: www.SixClasses.org
Healthier products, healthier people in four minutes!



